



February Newsletter

2012

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JANUARY RECAP:

The residents welcomed in the New Year with a variety of activities. "Take a Stand" exercises was a new activity that we introduced and was well received by the residents. These exercises gave residents more one on one time with the instructor than a conventional exercise program. The residents were able to gain more confidence with stability by holding on to a chair.

The treasure chest donated by the Pioneer Library gave our residents a new idea for an activity which will be offered in February. The treasure chest contains vintage items that the residents can look at and reminisce about. The residents suggested that they share their own "treasures" with other residents leading to the creation of a new activity called "Attic Treasures". Elaine is always looking for new activity ideas and is always open to suggestions!

Happy Birthday

Please join us on Friday February 10th @ 10:30 to celebrate our February Birthday's:

Margaret B.—2/4

Jean S.—2/8

Mary C.—2/17

FEBRUARY NEWS:



February is the month for parties! The month is also filled with sports and entertainment. Our Super Bowl Party will be at 6:30p.m. on Sunday February 5th in the main living room. We will be serving snacks and refreshments as well as passing out Super Bowl party favors. Come watch the New England Patriots play against the New York Giants on the big screen TV and root for your favorite team.

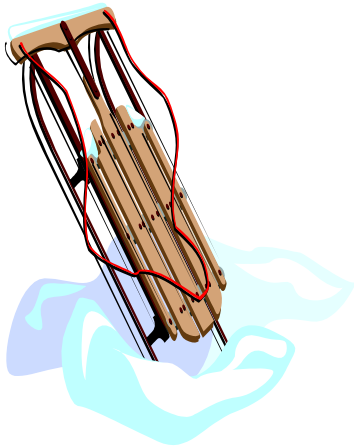
We will be celebrating Valentine's Day on Tuesday, February 14th at 2:00p.m. We will have live music with "Jeneane" from 2:00 to 3:00p.m. followed by Valentine treats and gift bags. The gift bags were made by the residents who attended Crafters Corner. Each bag will have a special Valentine's day card made by the Boys and Girls Scouts of America and staff at Seneca Lake Terrace. Be sure to grab your bag at the end of the party.

Mardi Gras Celebration will be held on Tuesday, February 20th at 3:00p.m. This is a fun event for all. Mardi Gras masks will be provided and the residents will snack on "King Cake" and strawberry daiquiri's. We will also be having games and prizes, so mark your calendar and be sure to come to this event!

The Daytona 500 race will be televised on February 26th at 1:00p.m. Come and watch the race on the big screen TV. We will be serving refreshments and snacks in the main living room during this event.

Elaine will also be introducing some fun and new activities during the month of February. On February 20th at 3:30p.m. we will be having "Presidential Trivia" in celebration of Presidents Day. Daytona 500 game will be on February 17th. at 11:00a.m. This game includes our home made version of the Daytona 500 race where players roll dice to advance their car towards the finish line. Watch out for the oil spill along the way that will slow you down! This game provides great social and physical interaction. Who will take home the trophy?

During our Happy Hour Social on Friday, February 24th, we will be hosting an Attic Treasure Social Event. This is a great way to share vintage items such as coins, pins, pictures or other memorabilia with staff and residents. If you would like to share an item during Attic Treasure, please see Elaine Hilliard or Cheryl Jensen.



Shopping Day @ Seneca Lake Terrace!!!



TUESDAY, FEBRUARY 2ND @ 10:30A.M.—SHOPPING TO “PEEBLES”
TUESDAY, FEBRUARY 14TH @ 10:30A.M.—SHOPPING TO “DOLLAR TREE”
TUESDAY, FEBRUARY 21ST @ 10:30A.M.—SHOPPING TO “WAL-MART”
FRIDAY, FEBRUARY 24TH @ 1:15P.M.—SHOPPING TO “BIG LOTS”



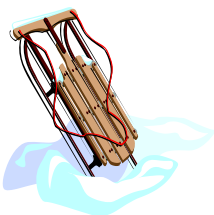
“FEBRUARY ENTERTAINMENT & SPECIAL EVENTS”

2/2 @ 2:00p.m.—Pet Therapy with “Miss Agnes”
2/3 @ 11:00a.m.—Resident Council Meeting
2/5 @ 6:30p.m.—”Super Bowl Party”
2/6 @2:00p.m.—Live Music with “Gary Murphree”
2/8 & 2/22 @ 10:45a.m.—Catholic Church Service
2/9 @2:00p.m.—Pet Therapy with “Phoebe Dog”
2/10 @ 10:30a.m.—”February “ Birthday Party
2/13 @ 2:00p.m.—Live Music with “Bruce Bud Combo”
2/14 @ 2:00—Valentines Day Celebration with Live Music by “Jeneane”
2/16 @ 2;00p.m.—Live music with “Touch of Joy”
2/20 @ 11:00a.m.—Pet Therapy: “Murphy Dog”
2/20 @ 2:00p.m.—Live Music with “Gary Quinn”
2/21 @ 2:00p.m.—Worship Service
2/21 @ 3:30—”Mardi Gras Celebration”
2/23 @ 2:00p.m.—”Sing-a-Long with Tom & Diane”
2/26 @ 1:00p.m.—Daytona 500 Race on T.V.
2/26 @ 1:30p.m.—Church Service with “Pastor Paul”
2/27 @ 2:00p.m.—Live Music with “Bob Lyna”
2/28 @ 2:00p.m.—“Methodist” Church Service



“OUTINGS”

Wednesday, February 1st @ 10:45a.m.—Lunch out to “Abigail’s”
Tuesday, February 7th @ 4;30p.m.—Ladies Night Out to “Green Apple”
Wednesday, February 15th @ 10:45—”Joy Ride”
Thursday, February 16th @ 4:30p.m.—Guy’s Night Out: “Deluxe”





MEMORY CARE NEWS. . .

Recap of January:

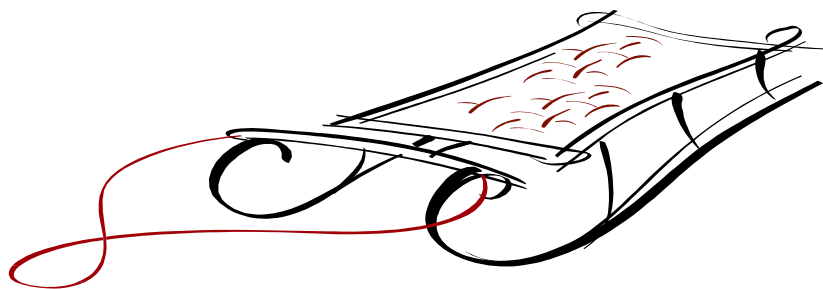
January we added some new small group activities that have been a wonderful addition to our activities. These small group activities have provided the residents with new opportunities to form relationships and a sense of belonging thru socializing and interaction.

Our Baking/cooking Club was busy with making sugar and peanut butter cookies, home made banana bread that we all enjoyed at our coffee clutch social. We also made pizza for lunch as well as our whole meal of stuffed cabbage, green bean casserole, rolls and yummy pie, and it sure was good! We also were busy with our creative side where we did creative drawing, made a new bean bag toss game, which we enjoyed playing and made conversational center pieces for the tables which encouraged the residents to interact with each other.

Welcome February:

February is a fabulous month! What a crazy Winter we have been having, but soon it will be time to wake up from a long Winters nap. So during the blustery days of February, we are going to keep cozy and warm inside celebrating several events.

We are going to start out the month with a Groundhog Social and we sure hope he doesn't see his shadow, for an early Spring! Other events will be a Super bowl Party, Valentine's day Party, President's Day Social, Mardi Gras and the Daytona 500 race. We will also be having entertainment as well as many other every day activities. So it sure looks as though February is going to be busy! Don't forget this is a Leap Year! Be sure to check your calendar for dates and times.



Winter



**DATES TO REMEMBER. . . .
IN THE
MEMORY CARE NEIGHBORHOOD.**

Tuesday, February 2nd @ 2:00p.m.—Ground hog Social

Sunday, February 5th @ 6:00p.m.—Super Bowl Party

Tuesday, February 14th @ 2:00p.m.—Valentine's Day Celebration

Monday, February 20th @ 3:00p.m.—President's Day Social

Tuesday, February 21st @ 2:00p.m.—Mardi Gras

Sunday, February 26th @ 1:00p.m.—Daytona 500 Race on T.V.

Tuesday, February 28th - Make our own lunch

